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Office opening hours: Monday to Friday 10.00 – 2.00

## **Summer School 2017**

### **A programme of talks and short courses**

If you wish to attend any of the talks / courses you **MUST** enrol first with the Office quoting the course code

Places are limited and are on a first-come first served basis, it is therefore advisable to enrol early to avoid disappointment

Please note:

You may initially request 3 courses and places will be confirmed on application. If you request further courses (up to a maximum of 6) you will be placed on a holding list and be contacted if the course still has places, about a week before it starts.

You will not receive further confirmation or a reminder so please keep a note of the courses for which you have been accepted.

### **SP 1: Creative Art Workshop (drop-in)**

**Tutor:** Maggie Balshaw

**Day and time:** Tuesday 10.00 – 4.00

**Venue:** Room 5

**Number of places:** 12

**Number of sessions:** 1

**Date:** 25 July

This one-day drop in workshop is aimed at anyone who might have been tempted by a 20/30 week art course, but not sure it's for them, and regular attenders of art courses who miss it over the summer break. The workshop is about being creative, having fun, trying something out, using paints, pencils, charcoal, pastels, scissors, glue etc. Materials will be provided, (there will be a charge of £1 on application per person), but if you have some of your own you would like to use as well, bring them, that's fine. Suggestions about subjects and techniques will be given. Come for a couple of hours/half a day/longer and get creative!

**Format:** Practical activities

I teach a regular art course, (Anything Goes) for U3AC, of two terms.

### **SP 2: Painting Flowers in Watercolour**

**Tutor:** Samara Philpott

**Day and time:** Tuesday 10.30 – 4.00

**Venue:** Room 5

**Number of places:** 10

**Number of sessions:** 1

**Date:** 11 July

Spend a relaxing day first drawing and then painting plants, leaves and flowers in watercolour. All abilities welcome.

Bring with you:

A few flowers and leaves or a flowering plant

A soft pencil (2B) and a hard pencil (2H)

A putty rubber

Drawing paper and white, smooth watercolour paper

2 or 3 pointed watercolour brushes in various small sizes

Watercolour paints, at least red, yellow and blue

2 small containers for water

Container for your flowers

A white pallet or china plate

Kitchen towel

A drawing board

Masking tape

And finally, a packed lunch. Tea and coffee available

**Format:** Instruction, demonstration, members painting pictures

I have been painting botanical pictures for many years and will give 'hints and tips' to help you produce beautiful floral works of art.

### **SP 3: Great Churches of Medieval Europe 3**

**Tutor:** Lynne Broughton

**Day and time:** Tuesday & Thursday 1.00 – 4.45

**Venue:** Room 1

**Number of places:** 40

**Number of sessions:** 2

**Dates:** 1 & 3 August

In some of my previous courses I have explored the development of medieval church architecture chronologically, using a wide range of buildings as examples of the various art and architectural styles. This course will, as with those of the past two years, concentrate, rather, on fewer buildings and look at them in greater detail, including sculpture, painting and stained glass. Choice of cathedrals in England, France and Germany will allow some comparison of different national styles as well as the stylistic similarities between them. It will run roughly chronologically and is intended to complement previous courses, but does not assume any previous knowledge.

**Format:** Lecture

I have been studying and teaching about medieval art and architecture for over 30 years and published two books on English cathedrals.

#### **SP 4: Judging Photographs**

**Tutor:** Gerry Metcalfe

**Day and time:** Thursday 1.30 – 3.00

**Venue:** Room 5

**Number of places:** 25

**Number of sessions:** 1

**Date:** 20 July

Camera clubs are generally keen on competitions and therefore need judges to determine who wins the glittering prizes and accolades. Having undertaken the training sessions and officiated at club evenings for over 20 years I'm still trying to be objective and identify the essential features of a successful image and thus how to offer constructive advice to those whose work falls short of this ideal. Not an easy job and it has been said that 95% of judges give the rest a bad name!

Plenty of images, good, bad and indifferent, on most subjects will be shown for your consideration and appraisal.

**Format:** Lecture

I've been an amateur photographer for 60 years, a judge for 20 and have been awarded the Distinction of the Photographic Alliance of Great Britain.

#### **SP 5: The Era of the English Landscape Garden**

**Tutor:** Christine Thirkettle

**Day and time:** Friday 10.30 – 11.45

**Venue:** Room 1

**Number of places:** 40

**Number of sessions:** 1

**Date:** 14 July

Looks at the great designers who transformed the formal gardens of the 17th century into the natural landscapes of the 18th. Of course there was Capability Brown, but we should not forget Wise, Bridgeman, Kent and Repton. The talk will be illustrated by slides of some of their gardens today. Notes will be available by email.

**Format:** Lecture

I am inspired by great gardens: U3AC tutor.

#### **SP 6: Stitching**

**Co-ordinators:** Mary Richards and Judy Tillotson

**Day and time:** Wednesday 10.00 – 11.30

**Venue:** Room 5

**Number of places:** 16

**Number of sessions:** 4

**Dates:** 12, 19, 26 July & 2 August

For the first time, the Stitching class will run over the summer. We offer a practical session for those who enjoy all forms of needlework. This includes embroidery, tapestry, patchwork, quilting, needlepoint, crochet, knitting and other related crafts. Everyone is welcome to work on their own projects in good company. The friendly group of stitchers enjoy sharing their skills with each other and gaining inspiration from the projects of other members.

**Format:** Self-taught course or activity

We are both enthusiastic amateur stitchers, and enjoy patchwork, knitting, crochet, embroidery and tapestry.

### **SP 7: PowerPoint for Beginners**

**Tutors:** Harry Belsey and Gemma Clare

**Day and time:** Thursday 11.00 – 12.30

**Venue:** Room 4

**Number of places:** 6

**Number of sessions:** 4

**Dates:** 13, 20, 27 July & 3 August

In this 4 week hands-on course; you will learn to compose a PowerPoint presentation, import third party material, edit it, manipulate it and save it for future development and present it.

The course will comprise a small group using laptops; no previous experience of PowerPoint is assumed. It will be necessary to bring a memory stick to save your work and bring it back to develop it further in following weeks.

You may bring your own laptop or hire one from the U3AC for £1 a session but you will still need a memory stick. Please inform the Office at time of booking if you need a computer.

You must have a reasonable degree of keyboard skill i.e. must not be so slow as to hold up the rest of the class.

At last! You might well be able to help your grandchildren with their homework!

**Format:** Lecture + hands on

I have given this summer course for some years now.

### **SP 8: Presentations using Apple's Keynote**

**Tutor:** Tim Ewbank

**Day and time:** Tuesday 12.30 – 1.30

**Venue:** Room 4

**Number of places:** 6

**Number of sessions:** 2

**Dates:** 11 & 18 July

This is a hands-on course for those who'd like to learn/improve their presentations using Apple's Keynote software. If you have MS PowerPoint presentations you'd like to transition to Keynote, or a tired presentation that needs "sexing-up" or are planning a new course, this is the course for you.

As it is to be a practical session, you will need to bring either a MacBook or iPad on which to work. Plenty of time will be allocated to actually building your Keynote presentation during the sessions, as well as between the two sessions.

It's never too late to learn new skills!

**Format:** Taught course or activity

I've been using Keynote for some years, including all my U3AC courses.

### **SP 9: New Towns and Garden Cities**

**Leader:** Ian Hunter

**Day and time:** Friday 10.30 – 12.00

**Venue:** Room 4

**Number of places:** 18

**Number of sessions:** 2

**Dates:** 14 & 21 July

Northstowe, 6 miles NW of Cambridge, will have it's first inhabitants by the time you read this. When finished it will be the biggest new town since Milton Keynes, with a projected population of 28,000 inhabitants. We will look at the principles of Garden Cities and New Towns, both from a historic perspective, and more recent examples in the UK and elsewhere. (No prior knowledge required).

<https://www.facebook.com/NorthstoweCommunity/>

**Format:** Lecture

I am a retired Teacher with a keen amateur interest in new towns and related issues.

**SP 10: The world keeps on spinning****Co-ordinator:** Sarah Payne**Day and time:** Friday 10.30 – 12.00**Venue:** Room 2**Number of places:** 12**Number of sessions:** 1**Date:** 21 July

Many people suffer, short or long term, from balance issues. My own vertigo problems started about 10 years ago and I realise from talking to friends that this is not an uncommon problem. I am not a medical expert but have read up on this issue and have found various ways of alleviating my symptoms as well as having experienced the Epley manoeuvre at the doctors. Various organisations have developed sets of exercises designed to improve balance and I will bring details of these. I thought that this topic might make for an interesting U3AC session with input from all the class so that we can share experiences and hopefully pick up a few tips. We want the world to keep spinning but would rather it wasn't quite so personal!

**Format:** Discussion

As a retired maths teacher I like to find answers to problems and vertigo is one such problem!

**SP 11: Planning for an ageing population****Tutor:** Peter Landshoff**Day and time:** Tuesday 1.30 – 2.45**Venue:** Room 1**Number of places:** 40**Number of sessions:** 1**Date:** 11 July

This will be a repeat of a talk I gave in 2013 to introduce a meeting about old people of the East of England branch of the Royal Town Planning Institute. It will be a mixture of facts about the ageing population and things that need doing to improve things for them.

**Format:** Lecture

My only qualification to talk about this is that I am an octogenarian, but I have learnt from many people.

**SP 12: The Summer Armchair Economist****Co-ordinator:** John Hall**Day and time:** Tuesday 2.00 – 3.30**Venue:** Room 4**Number of places:** 4**Number of sessions:** 4**Dates:** 11, 18, 25 July & 1 August

It's summer and the Armchair Economist continues over the summer school. With a few away on holiday, we have some spaces. This is an opportunity to find out what we are about.

We focus, in a highly participative way, on the leading articles of The Economist - a wide ranging magazine, with a very readable house style. The articles can wide ranging from UK and overseas politics, economics, finance, science, and culture. We ask what the implications might be, and what predictions we can make. Where time permits, there will also be the opportunity to share knowledge of other articles you may have found of interest. There are usually great insights and different perspectives. It's a marvellous way to be widely informed.

**Format:** Discussion

Your facilitator, a reader of the Economist for many years, enjoys its ability to educate and inform, whilst occasionally quarrelling with its stance.

**SP 13: A tree-trail through Cambridge Botanic Garden 1 (19th c garden) AM****Tutor/Guide:** Dr Julian Doberski**Day and time:** Tuesday 10.30 – 12.00**Venue:** Cambridge University Botanic Garden, 1 Brookside, Cambridge, CB2 1JE**Number of places:** 12**Number of sessions:** 1**Date:** 11 July

This session will be devoted to trees in the 19th c garden.

You may apply for am or pm sessions or both. There may be some information overlap.

There are more than 2000 trees in the Botanic Garden, but they typically get less attention than the splendid herbaceous flora and glasshouses. This is an opportunity to learn more about the history and botanical interest of some of the trees in the garden - large and small.

Sessions will last 1 to 1.5 hours with a break for lunch in between am and pm sessions.

Meeting point: Botanic Garden Café (opens at 10.00 - serves drinks, cakes and light lunchtime meals)

**Mobility issues:** Trees mostly visible from paths - some accessed across grass. We will be walking around the garden for up to 1.5 hours each session

**Cost:** No charge for the tour, but normal entry charges to the Garden will apply. Friends of the BG get in free

**Level:** Suitable for all

**Format:** informal walk

Previously I was a lecturer in ecology at Anglia Ruskin University and am currently a volunteer guide at the Botanic Garden.

**SP 14: A tree-trail through Cambridge Botanic Garden 1 (20th c garden) PM****Tutor/Guide:** Dr Julian Doberski**Day and time:** Tuesday 1.00 – 2.30**Venue:** Cambridge University Botanic Garden, 1 Brookside, Cambridge, CB2 1JE**Number of places:** 12**Number of sessions:** 1**Date:** 11 July

This session is devoted to the 20th c part of the garden.

You may apply for am or pm sessions or both. There may be some information overlap.

There are more than 2000 trees in the Botanic Garden, but they typically get less attention than the splendid herbaceous flora and glasshouses. This is an opportunity to learn more about the history and botanical interest of some of the trees in the garden - large and small.

Sessions will last 1 to 1.5 hours with a break for lunch in between am and pm sessions.

Meeting point: Botanic Garden Café (opens at 10.00 - serves drinks, cakes and light lunchtime meals)

**Mobility issues:** Trees mostly visible from paths - some accessed across grass. We will be walking around the garden for up to 1.5 hours each session

**Cost:** No charge for the tour, but normal entry charges to the Garden will apply. Friends of the BG get in free

**Level:** Suitable for all

**Format:** informal walk

Previously I was a lecturer in ecology at Anglia Ruskin University and am currently a volunteer guide at the Botanic Garden.

**SP 15: A tree-trail through Cambridge Botanic Garden 2 (19th c garden) AM****Tutor/Guide:** Dr Julian Doberski**Day and time:** Tuesday 10.30 – 12.00**Venue:** Cambridge University Botanic Garden, 1 Brookside, Cambridge, CB2 1JE**Number of places:** 12**Number of sessions:** 1**Date:** 18 July

Repeat of SP 13

**SP 16: A tree-trail through Cambridge Botanic Garden 2 (20th c garden) PM****Tutor/Guide:** Dr Julian Doberski**Day and time:** Tuesday 1.00 – 2.30**Venue:** Cambridge University Botanic Garden, 1 Brookside, Cambridge, CB2 1JE**Number of places:** 12**Number of sessions:** 1**Date:** 18 July

Repeat of SP 14

**SP 17: Introduction to honey bees & beekeeping**

**Tutor:** Bill Block

**Day and time:** Thursday 10.00 – 4.00

**Venue:** Room 1

**Number of places:** 40

**Number of sessions:** 1

**Date:** 20 July

During the day you will be introduced to the world of the honey bee (*Apis mellifera*), its biology and how a colony acts as a superorganism. As a social insect, which has been husbanded by Man for centuries, it plays a major role in pollinating many food crops. The products of the beehive are used in many ways today. The session will conclude with an assessment of the honey bee's status today. (It may be possible to arrange a visit to an apiary on another day, if there is sufficient interest.)

**Format:** Seminar

Beekeeper for 15 years and hold the General Husbandry Certificate of the British Beekeepers Association.

**SP 18: Walking the Camino**

**Organiser:** Iain P Hunter

**Day and time:** Wednesday 10.30 – 12.15

**Venue:** Room 1

**Number of places:** 40

**Number of sessions:** 1

**Date:** 12 July

Six ways to Santiago- a new documentary following a diverse group of pilgrims, ages 3 to 73. Whatever their original motivations, nobody could predict just how their paths might unfold or the transformations which they will undergo. Featuring breath taking vistas, the Camino comes alive in this inspiring look of a journey which never fails to change lives.

Returning pilgrims please note: you have not seen this one before!

**Format:** Showing and discussion of recent DVD

Camino connoisseur, addicted and unreformed.

**SP 19: 5th Cent BC Athens**

**Tutor:** Eric Southern

**Day and time:** Various 11.00 – 12.10

**Venue:** Room 3

**Number of places:** 10

**Number of sessions:** 8

**Dates:** July (see below)

Mon 10th / time line / 100 years' worth

Tues 11th / historians -- Herodotus

Weds 12th / historians -- Thucydides

Thurs 13th / dramatists -- Aeschylus & Sophocles

Mon 17th / dramatists -- Euripides (incl Bacchae)

Tues 18th / dramatists -- Aristophanes

Weds 19th / philosophers -- pre-Socratic

Thurs 20th / philosophers -- Plato

**Format:** Seminar

Ex-supervisor Pembroke.

**SP 20: Adelaide of Orleans – “The Most Powerful Woman in Nineteenth Century France”**

**Tutor:** Gerald Goldstone

**Day and time:** Friday 11.00 – 12.05

**Venue:** Room 5

**Number of places:** 25

**Number of sessions:** 1

**Date:** 14 July

Adelaide of Orleans (1777-1847) was the most powerful and influential woman in France in the Nineteenth Century, yet she is little known, even to students of the period. This lecture aims to give her her rightful place in the history of this turbulent period. She was brought up unconventionally in the heart of the old French court, then suffered and survived perils and privations during the Revolutionary and Napoleonic periods. After the Restoration in 1814 she built up her family's influence and played a decisive role in putting her brother on the throne in 1830. For the rest of her life she remained at the centre of political life as the confidante, inspiration and advisor to the king. The monarchy did not survive her death.

**Format:** Lecture

Retired History teacher; U3AC tutor for 11 years.

**SP 21: Ancient Egyptian History**

**Tutor:** Martin Harnor

**Day and time:** Thursday 10.00 – 11.00

**Venue:** Room 4

**Number of places:** 12

**Number of sessions:** 1

**Date:** 13 July

This brief introduction will examine the written prose, poetry and art of the Ancient Egyptians together with some history and popular myths. There will be an opportunity for attendees to describe their experience and interests so as to assess if there is sufficient interest to run a longer course on this subject later in the year.

**Format:** Tutor-led lecture and discussion

I have a life-long interest and have read extensively about the Ancient Egyptians and have visited Egypt, British Museum and the Petrie Museum too.

**SP 22: From Democracy to Dictatorship: Germany, 1933-5**

**Tutor:** Gerald Goldstone

**Day and time:** Wednesday 12.10 – 1.10

**Venue:** Room 1

**Number of places:** 40

**Number of sessions:** 1

**Date:** 26 July

At the beginning of 1933 Germany was a democracy. On January 30th Hitler was appointed Chancellor according to the rules of the constitution. Within months he had destroyed those democratic institutions and was well on his way to establishing an unlimited dictatorship. This lecture will look at Hitler's methods and at the reasons for democracy's fragility and defeat.

**Format:** Lecture

Retired History teacher; U3AC tutor for eleven years.



**SP 23: From Prohibition to Pearl Harbour 1919-41**

**Tutor:** Peter Neville

**Day and time:** Tuesday 11.00 – 12.30

**Venue:** Room 1

**Number of places:** 40

**Number of sessions:** 3

**Dates:** 11, 18 & 25 July

From Prohibition to Pearl Harbour 1919-41

The course will cover the period from the introduction of Prohibition (the ban on alcohol under constitutional amendment) to the Japanese attack on Pearl Harbour in 1941. It will cover leading aspects of the period such as the Teapot Dome scandal, the Lindbergh child kidnapping, Roosevelt's First 100 days and the Orson Welles' broadcast The Night the Martians came. Patterns in US history during this period will also be treated. While previous knowledge is useful it is not necessary.

Reading:

Leighton Isabel (ed) The Aspirin Age

Steinbeck John The Grapes of Wrath

Jones M. The Oxford History of the United States

**Format:** Lecture

I have taught US history for many years and did American studies at university.

**SP 24: Russia, a Riddle wrapped in a Mystery inside an Enigma.**

**Tutor:** Graham Anthony

**Day and time:** Friday 10.30 – 4.00

**Venue:** Room 1

**Number of places:** 40

**Number of sessions:** 1

**Date:** 28 July

Russia, a riddle wrapped in a mystery inside an enigma.

10.30 to 11.15 - The Hermitage and other artistic joys of Tsarist Russia.

11.45 to 12.30 - Music and literature flourish as the People demand concessions from their Tsar.

13.30 to 14.15 - The Drying of the Aral Sea and other disasters of Central Planning.

14.45 to 15.30 - The USSR goes bankrupt, and Russian Artists express themselves freely. Could there be HOPE?

**Format:** Four Lecture

Graham Anthony is a regular contributor to U3AC. He also lectures to Universities, Clubs, and cruise audiences.

**SP 25: Some notable Cambridge shops**

**Tutor:** Judy Wilson

**Day and time:** Monday 10.30 – 11.30

**Venue:** Room 1

**Number of places:** 25

**Number of sessions:** 1

**Date:** 31 July

Matthew's, Heffers, Robert Sayle's, Eaden Lilley's ..... just some of the family firms supplying Cambridge residents and the university in the 19th and 20th centuries with food and drink, books, clothes and household items. A Matthew myself, I became intrigued about what my father's firm might have had in common with other shops. What links did these shops have with the University? How did family succession work – or what were its challenges? What contributions did their Managing Directors and others make to the local community? Drawing on written accounts, I will introduce some of the men (and the few women) who led these well remembered businesses, and compare their shops. We will end with discussion on how these firms compare with shops in Cambridge today.

**Format:** Lecture

I published a book, Cambridge Grocer, about Matthew & Son. and have since researched other Cambridge firms.

**SP 26: The Diary of Samuel Pepys**

**Tutors:** Sue Woodsford and Linda Saunders

**Day and time:** Wednesday 10.30 – 12.30

**Venue:** Room 4

**Number of places:** 18

**Number of sessions:** 1

**Date:** 19 July

A reduced version of the popular Pepys course that Linda and Sue have given over the last five years, introducing the famous Diary. This gives a fascinating personal view of the events of the times - the Restoration of Charles II, the Plague, the Great Fire of London and the Dutch Wars as well life at court and at home and in the bustling streets, theatres, taverns and alleyways of seventeenth century London.

**Format:** Lecture with Discussion

Linda and Sue have given their introduction to Pepys's Diary for five years at U3AC and it was well received.

**SP 27: The Harley Psalter: late Anglo-Saxon line drawing**

**Tutor:** Diane Milan

**Day and time:** Thursday 11.00 – 12.00

**Venue:** Room 1

**Number of places:** 20

**Number of sessions:** 1

**Date:** 27 July

The artists of later Anglo-Saxon England are particularly noted for their lively and delicate multi-coloured line drawings, which feature in some sixty illuminated manuscripts from the late tenth and early eleventh centuries. The most ambitious of these is the Harley Psalter, with more than one hundred drawings showing many lively aspects of Anglo-Saxon life. Reference will also be made to the Winchester School, which was the companion style of manuscript painting at this time but much heavier with its use of gold and full colour, although both styles can be seen at times within one manuscript. The art of this period is quite different from earlier Anglo-Saxon work such as the Lindisfarne Gospels and forms a bridge with the Romanesque.

**Format:** Lecture

I am an enthusiastic History graduate and have been able to update my knowledge with seminars and lectures.

**SP 28: The Search for the Source of the Nile**

**Tutor:** Peter Woodsford

**Day and time:** Monday 11.30 – 12.45

**Venue:** Room 1

**Number of places:** 40

**Number of sessions:** 1

**Date:** 10 July

In 1963 the speaker was posted to a school in Uganda near the 'Source of the Nile', leading to a long term interest in the country and the river. The story starts with the speculations of the Ancient Greeks and follows the main European expeditions of the nineteenth century and the strong personalities involved. Most of their accounts are now available online and the presentation makes use of contemporary diaries, illustrations and maps.

**Format:** Lecture

A mathematical geographer with a long term interest in East Africa

**SP 29: William Caxton: pioneer of print**

**Tutor:** Jenny Knight

**Day and time:** Tuesday 11.35 – 12.35

**Venue:** Room 5

**Number of places:** 25

**Number of sessions:** 1

**Date:** 18 July

William Caxton unlocked literacy in England at the end of the fifteenth century by bringing the technology of the printing press across the Channel. He made literature available to a significant proportion of the population and secured the survival of many classical and medieval works. He shaped our language too, bringing some consistency to the chaotic state of vocabulary and spelling that was the outcome of input from migrants over the previous five hundred years. Find out about the personal contribution made to our language and literature by a man who helped to bring England out of the medieval age and into the modern world.

**Format:** Lecture

My interest in the evolution of English makes me aware of the contribution made by individuals. I hope to share that with others.

**SP 30: Self investment- Is it for you?**

**Tutors:** Ian Hunter & (John Hall)

**Day and time:** Tuesday 3.30 – 5.00

**Venue:** Room 4

**Number of places:** 18

**Number of sessions:** 1

**Date:** 11 July

An outline of my personal experience in moving from a Financial Adviser, to choosing an easy to manage investment strategy, that works for me. This may help those considering professional financial advice, the new world of Robo-advice, or whether to manage their own investments. I will outline what I learnt from this journey, some of the pitfalls to avoid, and indicate my investment strategy. John Hall, who tutors, or co-ordinates other U3Ac classes, will add a broader perspective, such as risk assessment and alternative strategies. **(Please note that no personal financial advice can be given and you are responsible for checking and researching anything you may wish to act upon.)**

**Format:** Lecture

Retired Teacher/amateur investor.

**SP 31: French translation**

**Tutor:** Jill Tatham

**Day and time:** Monday 10.00 – 11.00

**Venue:** Room 5

**Number of places:** 25

**Number of sessions:** 4

**Dates:** 10, 17, 24 & 31 July

This is a drop-in course - turn up when you feel like it. I will provide the translation texts - not too challenging and suitable for fun summer translation. All abilities are welcome, though a reasonable working knowledge of French is required. The strong help the weak and we muddle through together. We read a sentence each and translate it, with help where needed.

**Level:** reasonable working level

**Format:** Taught course or activity

I've taught French in schools and privately all my working life.

**SP 32: Advanced German Conversation**

**Co-ordinator:** Mrs Christine Venn

**Day and time:** Thursday 11.20 – 12.20

**Venue:** Room 2

**Number of places:** 12

**Number of sessions:** 4

**Dates:** 13, 20, 27 July & 3 August

General conversation of any subject the group wishes to discuss.

**Level:** Advanced

**Format:** Discussion

German native

**SP 33: Easy German translation**

**Tutor:** Jill Tatham

**Day and time:** Friday 10.00 – 11.00

**Venue:** Room 5

**Number of places:** 25

**Number of sessions:** 4

**Dates:** 14, 21, 28 July & 4 August

This is a drop-in course - turn up when you feel like it. I will provide the texts, which are suitable for students who have studied German for about two years. The texts are graded, so not too difficult for near-beginners. We will read a sentence each and translate it into English, with help and explanation where needed.

**Level:** two years' experience

**Format:** Taught course or activity

I have enjoyed teaching German on and off all my working life

**SP 34: German translation**

**Tutor:** Jill Tatham

**Day and time:** Monday 11.10 – 12.10

**Venue:** Room 5

**Number of places:** 25

**Number of sessions:** 4

**Dates:** 10, 17, 24 & 31 July

All abilities are welcome, though a reasonable working knowledge of German is required. (There is an easier German translation course on Fridays). We read a sentence each and translate it with help where needed - the strong help the weak and we muddle through together.

**Level:** reasonable working level

**Format:** Taught course or activity

I have enjoyed teaching German on and off all my working life

**SP 35: Bridge Street Bridge Group**

**Co-ordinator:** Katherine Cutmore

**Day and time:** Thursday 11.15 – 1.15

**Venue:** Room 5

**Number of places:** 20

**Number of sessions:** 4

**Dates:** 13, 20, 27 July & 3 August

This is a friendly group. We play individual games without scoring. Partners are chosen on the day. As long as you are able to play basic AcOl, you will be made very welcome.

**Format:** Course or activity without teaching

I make no claim to greater expertise than other members but have co-ordinated this group for the past year.

**SP 36: Duplicate Bridge Club**

**Organiser:** Fred Peirce

**Day and time:** Tuesday 1.00 – 4.00

**Venue:** Room 5

**Number of places:** 20

**Number of sessions:** 2

**Dates:** 18 July & 1 August

This club is intended for any bridge players who want to play duplicate. This is not a teaching class, and members will need to be experienced players. Partners will be chosen randomly at the start of each session except on the occasions when we chose partners. All players are required to play standard AcOl with weak No-Trumps. Play should be friendly and fun, as well as competitive.

**Format:** Course or activity without teaching

I enjoy playing Bridge, and want to enable others to enjoy it too.

**SP 37: Canasta Club**

**Organiser:** John Tordoff

**Day and time:** Wednesday 1.00 – 3.00

**Venue:** Room 5

**Number of places:** 12

**Number of sessions:** 4

**Dates:** 12, 19, 26 July & 2 August

Game can be played with 2, 3, or 4 players - beginners welcome. Far easier and more fun than Bridge.

**Format:** Course or activity without teaching

I've always loved the game, but was reminded how good it was when attending Carlos de la Riva's history of card games course at U3AC last year.

**SP 38: Cryptic Crossword Club**

**Convenor:** Brenda Pryor

**Day and time:** Wednesday 11.35 – 12.45

**Venue:** Room 5

**Number of places:** 24

**Number of sessions:** 4

**Dates:** 12, 19, 26 July & 2 August

A Friendly club for regular crossword solvers, but less experienced welcome as help and tips given.

**Format:** Course or activity without teaching

I have been convening this friendly club for a number of years now.

**SP 39: Maps and Memories**

**Co-ordinator:** Chris Kington

**Day and time:** Thursday 2.00 – 4.00

**Venue:** Room 2

**Number of places:** 12

**Number of sessions:** 1

**Date:** 13 July

Places and Memories. Maps, atlases and globes open the mind and the imagination. Cartography in whatever form animates memory, unfolds the innermost contours of the mind. Some people fantasise over maps, others brood, many wonder. I had a map of coastal Norway on my bedroom wall - sixty years later I eventually travelled to those imagined places....quite a journey.

This discussion group - no previous expertise required - sets out to celebrate the map, atlas, globe, guide book or cartographic artefact which fires your imagination or brings back memories. Bring along something that is special to you and be prepared to express (briefly) what it means to you - why you have chosen it. We will then see what your special map triggers in our colleagues. This is a discussion group –or if you are a map addict – a support group.

**Format:** Discussion

The group facilitator is simply an enthusiastic unrepentant mapaholic – and proudly does not possess a Sat Nav.

**SP 40: Scrabble**

**Organisers:** Jill Tatham & Bridget Evans

**Day and time:** Tuesday 10.00 – 12.00

**Venue:** Room 4

**Number of places:** 20

**Number of sessions:** 4

**Dates:** 11, 18, 25 July & 1 August

Come and join us for a friendly game of Scrabble. Please bring your own Scrabble set if you have one. I hope and expect that we will be able to continue weekly all through the summer until the end of September.

**Format:** Course or activity without teaching

Bridget and I have enjoyed playing Scrabble for many years.

**SP 41: The Camino to Santiago****Organiser:** Peter Ferrary**Day and time:** Wednesday 1.00 – 2.15**Venue:** Room 1**Number of places:** 25**Number of sessions:** 1**Date:** 19 July

A talk on my own personal experiences of walking the Camino to Santiago de Compostela last year: from St Jean Pied de Port to Santiago. This will be of general interest only and does not purport to give a detailed historical account of the Camino. The talk may appeal to anyone interested in the Camino or considering doing the Camino (in part or whole). No pre reading etc is required.

**Format:** A talk (rather than a lecture)

I walked the Camino last year and will talk of my experiences illustrated with slides.

**SP 42: The Complete Beginners Guide to Golf Croquet****Tutor:** John Hall**Day and time:** Thursday 2.15 – 4.15**Venue:** Meldreth Croquet Club, behind British Queen Pub, Meldreth**Number of places:** 10**Number of sessions:** 4**Dates:** 13, 20, 27 July & 3 August

This is the social version of croquet and it's fastest growing variant. Easy to learn, fun to play, yet offering its own skills and tactics that keeps everyone involved (and usually smiling).

The course teaches the rules of the game, the basic skills, and some tactics. From the second session onwards, you learn by playing. Make sure you can attend all sessions though, as we build up skills and knowledge week by week. All equipment will be provided. (Note there is a £3 green fee per course session). The course, arranged through Meldreth Croquet Club, takes place in very pleasant surroundings on the purpose built lawn situated behind The British Queen pub in Meldreth.

Come and meet new people whilst discovering an enjoyable game that attracts people of any initial ability to continue playing after their first experience ...and it is possible to do just that following the course.

**Format:** Taught course or activity

Your tutor, a member of Meldreth Croquet Club, has run previous beginner courses and runs the Melbourn U3A regular weekly croquet sessions.

**SP 43: The Goon Show Appreciation Society****Leader:** John Hall**Day and time:** Tuesday 11.30 – 12.40**Venue:** Room 2**Number of places:** 12**Number of sessions:** 3**Dates:** 11, 18, 25 July

How about getting to know some other U3AC members who share that strange appreciation of a crazy radio programme entitled "The (esteemed) Goon Show"?

Yes, we will listen to some classic Goonery. However, we will also spend time getting to know each other, and discussing what we like about what we hear (and remember). Shared humour, after all, is magnified humour!

**Format:** Listen and discuss

Your Tutor wonders about Eccles!

**SP 44: More Extravagant English****Leader:** Jenny Knight**Day and time:** Monday 10.30 – 11.30**Venue:** Room 4**Number of places:** 16**Number of sessions:** 4**Dates:** 10, 17, 24 & 31 July

A new series focused on English literature and language for those who enjoy quizzes. Whether you came to English Extravaganza – the first series – or not, you will have the opportunity to test your knowledge of a multitude of aspects of English. This programme is suitable for well-read literature lovers with an interest in the language used by the authors of prose and poetry and in the themes that they choose and the characters they create.

You should learn a little as we go, but this is not primarily a teaching course. It is not intended for those who want to improve their use of English.

**Format:** Course or activity without teaching

Quiz compilation is an activity I enjoy. Combining that with literature and language for U3AC members is a great opportunity for me.

**SP 45: Italian jobs****Leader:** Judith Braid**Day and time:** Thursday 10.30 – 12.00**Venue:** Room 3**Number of places:** 10**Number of sessions:** 2**Dates:** 27 July & 3 August

A two-part overview of crime novels with an Italian flavour. The first session will be devoted to discussing British authors who set their works in Italy, whereas the second will look at some Italian crime writers whose novels have appeared in translation. The aim is to swap some favourite authors and titles and pool our ideas for further reading.

Heffers have a comprehensive booklist on Italy.

**Format:** Discussion

I have been tutoring Crime Fiction for U3AC since 2008 and have a particular interest in the Italian scene.

**SP 46: Nineteenth Century Novels A taster lecture for a class starting in October.****Tutor:** Bob Finch**Day and time:** Wednesday 12.30 – 1.30**Venue:** Room 1**Number of places:** 40**Number of sessions:** 1**Date:** 12 July

Heroines in nineteenth century novels chose, or were obliged to take, different, difficult roads through life...often with dramatic consequences. The Novels discussed will include Persuasion, Dombey and Son, Wuthering Heights, Vilette, North and South, Madame Bovary, Middlemarch, Far From The Madding Crowd, Anna Karenina, The Portrait of a Lady, First Love, The Awakening and The Lady with the Dog.

**Format:** Lecture

I am enthusiastic about nineteenth century Novels, especially about their portrayal of women.

### **SP 47: Music for Energy?!**

**Organiser:** John Hall

**Day and time:** Tuesday 10.30 – 12.00

**Venue:** Room 5

**Number of places:** 25

**Number of sessions:** 1

**Date:** 1 August

Relaxing music is known to help you relax. On the other hand, is there any music that energises you, or helps you get moving?

The tutor will share some examples, categorising some of them and drawing on popular music from the sixties, seventies and eighties. There is time for discussion and the sharing of participant suggestions. At the end of the session you will have exercised some nostalgia, garnered the views of others, and will have probably added to your energising playlist.

Bring a suggestion for a track that leaves you energised and we could share it through YouTube. To begin, we will start with a Transition track that moves your energy levels up a notch. Be warned though. We will end with a surprise which could have you talking about this session for weeks afterwards.

**Format:** Course or activity without teaching

Your tutor enjoys the concept of "nice noise" that can actually benefit the mood of the moment!

### **SP 48: Doing Good Better**

**Leader:** Martin Harnor

**Day and time:** Tuesday 10.00 – 11.00

**Venue:** Room 3

**Number of places:** 10

**Number of sessions:** 4

**Dates:** 11, 18, 25 July & 1 August

After a brief summary of each of five key questions of Effective Altruism, we will discuss these in turn. We will use as a starting point, material from the book with the same title by William Macaskill co-founder of the Effective Altruism Movement (published 2015 by Guardian Books). If you have ideas about this come along and express them in an 'Active listening' context where we may be convinced to change our ideas about this important topic.

**Format:** Tutor-led activity

As a member of the Society of Friends, I am open to new ideas and perspectives through sharing these ideas with others.

### **SP 49: Wagner as philosopher**

**Tutor:** David Damant

**Day and time:** Friday 12.00 – 1.15

**Venue:** Room 1

**Number of places:** 40

**Number of sessions:** 1

**Date:** 14 July

The German philosophers of the 19th century such as Hegel and Nietzsche preached a philosophy which was fatuous and dangerous, and was a major reason for the horrors of the 20th century. This philosophy was shared by Treitschke as an historian and Wagner as a composer, and in Wagner's case his philosophy is embodied in his operas. What should we think about that?

**Format:** Lecture

Read philosophy at Cambridge.

### **SP 50: Properties of minerals**

**Tutor:** Jo Edkins

**Day and time:** Tuesday 2.00 – 3.00

**Venue:** Room 2

**Number of places:** 12

**Number of sessions:** 1

**Date:** 25 July

An introduction to various properties of minerals such as colour, crystal shape, optical properties, etc. Illustrated with real minerals, which people can hold.

**Format:** Taught course or activity

Enthusiastic amateur.



### **SP 51: A Safer Way to Drive (Introduction to Advanced Driving Theory)**

**Tutor:** John Morris

**Day and time:** Tuesday 1.30 – 3.00

**Venue:** Room 1

**Number of places:** 40

**Number of sessions:** 1

**Date:** 25 July

Does having to drive worry you? Are other people concerned about your ability to drive? Have you suddenly found, because of a change in circumstances, you now have to do a lot more driving? Have you ever wanted to improve your driving technique?

The object of this course is to give you an introduction to a way of improving your driving ability as described in a book entitled "Roadcraft", which is used by police drivers undertaking police driver training and is also used by RoSPA and IAM. Roadcraft aims to help you become a better driver by increasing your awareness of all the factors that affect your driving – your own capabilities, the characteristics of your car, and the road and traffic conditions.

The plan is to spend about 1 hour outlining some of the techniques described in Roadcraft followed by half-an-hour of questions.

**Format:** Lecture

I have been an RoSPA Advanced Driver for more than 30 years and RoSPA Approved Tutor for over 25 years.

### **SP 52: Call Push Rescue 1**

**Tutor:** Diane Anstee

**Day and time:** Monday 10.00 – 11.20

**Venue:** Room 1

**Number of places:** 9

**Number of sessions:** 1

**Date:** 10 July

Do you know how to give basic life support (cardiopulmonary resuscitation)? The British Heart Foundation has launched a new initiative to help create a nation of lifesavers. Come along to a single workshop to learn these simple, but vital skills. All you need is the ability to kneel down (but if that's not possible, come along and watch!).

**Format:** Taught course or activity

I was a clinical physiologist before retiring, with an interest in enabling people to learn CPR.

### **SP 53: Call Push Rescue 2**

**Tutor:** Diane Anstee

**Day and time:** Thursday 10.00 – 11.20

**Venue:** Room 1

**Number of places:** 9

**Number of sessions:** 1

**Date:** 13 July

Repeat of SP 52

### **SP 54: Dementia Awareness for Everyone**

**Dementia Friends Champion:** Chantal Bradley

**Day and time:** Wednesday 10.30 – 11.30

**Venue:** Room 4

**Number of places:** 18

**Number of sessions:** 1

**Date:** 12 July

This Dementia Friends Information session is your opportunity to learn a little bit more about dementia and how your small actions can make a difference for people living with dementia in your community. No prior knowledge is required. The session is delivered in an informal and supportive way. You can make a change by being the change, so don't miss it! Register now, thank you.

**Format:** A one hour interactive information session.

I have been a Dementia Friends Champion for three years and delivered over seventy DFI sessions to various groups.

**SP 55: Health from Nature - Medicinal Herbs****Medical Herbalist:** Schia Mitchell Sinclair MSc MNIMH**Day and time:** Monday 10.30 – 12.00**Venue:** Room 1**Number of places:** 20**Number of sessions:** 1**Date:** 17 July

A short introduction to the wonderful world of medicinal herbs. In addition to the principles behind herbal medicine we will discuss some of the many useful plants you may walk past on a daily basis but have no idea that could be useful to your health and wellbeing. We will talk about how these may be used and when it is appropriate to use them. If you are someone who likes to take charge of your own health and would like to know more about what you can do for yourself, this is the talk for you! No previous experience or equipment required. Sometime will be allowed for discussion afterwards.

**Format:** Lecture

Schia Mitchell Sinclair is a Medical Herbalist and member of the National Institute of Medical Herbalists. She practises in Cambridge.

**SP 56: The ripple effect of Hearing Loss****Audiologist:** Trevor Chapman**Day and time:** Wednesday 10.30 – 12.00**Venue:** Room 1**Number of places:** 40**Number of sessions:** 1**Date:** 26 July

In the UK it is estimated that one in six adults have some degree of hearing loss, this figure increases to one in three between the age of 65 and 74, whilst one in two over the age of 74 have hearing loss. However, on average people wait 7-10 years to have their hearing tested.

Unaddressed hearing loss not only affects the person with the loss but those surrounding them. Hearing loss can be a barrier to social interaction and can result in cognitive decline, depression, increase risk of falls in the elderly and linked to dementia.

This ripple of effect of hearing loss has been scientifically proven and this talk is about helping you to either help yourself or a loved one who may not even be aware how bad their hearing loss is and its potential impact.

**Format:** Lecture

With over 13 years' experience at the forefront of advance hearing technology and have a passion to help people hear better for longer.

**SP 57: A tourist in the Antarctic****Tutor:** Dave Horan**Day and time:** Thursday 11.30 – 1.00**Venue:** Room 1**Number of places:** 30**Number of sessions:** 1**Date:** 13 July**A Tourist in the Antarctic**

An illustrated talk on my 3 week trip to the Antarctic as a tourist rather than a scientist. Mentioning the Falklands, South Georgia and the peninsular. Lots of penguins guaranteed.

**Format:** Lecture

I am a compulsive traveller being curious about almost everything.

**SP 58: Poverty, Education and Gender in Kenya**

**Tutor:** Dr Molly Warrington

**Day and time:** Wednesday 11.00 – 12.00

**Venue:** Room 1

**Number of places:** 40

**Number of sessions:** 1

**Date:** 19 July

Between 2010 and 2015 I was involved in a research and intervention project with partners in the Kenyan Ministry of Education, Nairobi University and two Kenyan NGOs, focusing on 'girls against the odds' in poor urban and rural locations in different parts of Kenya. This illustrated talk discusses the findings from that research, explores the many barriers preventing girls from progressing through the education system and looks briefly at one intervention put in place to try and improve opportunities for some girls (and boys).

**Format:** Lecture

I was formerly a lecturer in the University of Cambridge's Department of Geography, with research interests encompassing a range of social issues.

**SP 59: Playwriting - an introduction**

**Tutor:** Richard Peoples

**Day and time:** Wednesday 10.30 – 12.00

**Venue:** Room 2

**Number of places:** 16

**Number of sessions:** 4

**Dates:** 12, 19, 26 July & 2 August

A series of four practical workshops for anyone interested in writing a play. The workshops will look at the elements of drama - theme, plot, character, setting, time, dialogue and action - and there will be creative exercises and activities as well as opportunities to share your ideas.

**Format:** Taught course or activity

Richard Peoples is an experienced playwright, actor and director who has taught for the Open University and run drama and writing workshops for many years.

**SP 60: Very basic Swedish**

**Leader:** Peter Busfield

**Day and time:** Friday 11.20 – 12.20

**Venue:** Room 3

**Number of places:** 10

**Number of sessions:** 4

**Dates:** 14, 21, 28 July & 4 August

This is a very relaxed basic course to help you understand your phrase book & take conversation a step further. If you think everyone in Sweden speaks English, you may have difficulties in the sticks, where I lived for 3 years. Just bring a notepad & pen and a phrase book if you already have one. I shall talk about dictionaries at the first session. The aim is also to test the water with a view to holding a more formal beginners' course starting Autumn 2018.

**Format:** Taught course or activity

I lived in Lindesberg for 3 years, having completed a 5-month intensive course in Kiel, Germany.

**SP 61: A Brief History of Roman Britain**

**Tutor:** Peter Camilletti

**Day and time:** Monday 11.00 – 12.15

**Venue:** Room 2

**Number of places:** 16

**Number of sessions:** 3

**Dates:** 10, 17 & 24 July

The course will cover the period from Julius Caesar's invasions until the departure of the Romans in 409 AD. The cultural history of the Romano British as well as the military and ruling hierarchy will also be covered. The course will end with a description of the early Anglo Saxon era.

**Format:** Lecture

I am an enthusiastic amateur who has been inspired by David Page's excellent courses to research and present this fascinating period of history.

