

General information on leading a U3AC course/activity

Commitment

Depending on the topic of the course, some need research and planning, others take only a little time to prepare.

You can choose your own material and construct a course in your own particular style. You not only have control of the content but also choose how long the course will be and how it will be presented.

What's involved

It depends on the topic of the course. For a classroom based course, imagine an interesting topic to explore, decide the approach, eg lecture versus discussion versus a mix. Do the research and preparation and manage the logistics of delivery and interaction with the group.

For an activity eg a walking group, you will need to plan the walks, do a recce, send details to the course members and then enjoy the walks.

Quotes from current tutors

Giving a U3AC course is a rewarding way of keeping my brain active and challenged and sharing my enthusiasm for my topic.

U3AC provides an opportunity to meet with a fascinating range of people all of whom seem to have an engrossing back story.

As a walk-leader I enjoy the exercise, being outdoors, socialising and the pub lunch.